Mental Health: Your Guide to Resources

This is a brief guide to Trinity Library’s resources on mental health issues. Feel free to print it, save it, and use it as a starting point for research. For help finding or accessing these resources -- or for more in-depth research help -- please contact the library.

Books @ Trinity

Search for books in the Trinity Catalog using the following Subject Headings:

- Mental health
- Mental Disorders
- Mental illness
- Mental health services

Or, browse books by Call Number:

- Psychology: BF1 through BF990
- Social Psychology: HM1001 through HM1281
- Mental Health: RA 790
- Mental health services: 362.2
- Mental health therapies: 615.845
- Neuroses; Personality/Developmental disorders: 616.85
- Mental disorders: 616.89

Reference Books

Here are a few of our reference books on mental health. (In-library use only.)


Circulating Books
Here are just a few of the mental health resources from our circulating collection. You can check these books out and take them home.


Journals @ Trinity
Trinity subscribes to many print journals -- these are just a few. Look for current issues upstairs in room 208; older issues are downstairs in G100. You can also browse our list of e-journals on the library website to see which journals are available through our online databases.

- American Journal of Health Education
- Child Development
- Journal of Educational Psychology
- Nursing Research
- Primary Psychiatry
- Public Health Reports
- Psychological Bulletin
Databases @ Trinity
Search these databases for electronic articles about mental health issues:

✗ Academic Search Premier
Search Terms: MENTAL health; PSYCHOLOGY; MENTAL illness; PSYCHOTHERAPY

✗ ProQuest Nursing & Allied Health Source
Search Terms: Mental health; Mental health care; Psychology; Burnout; Trauma

✗ ProQuest Psychology Journals
Search Terms: Psychiatric--mental health nursing; Mental health treatment

Government Resources
There are many government resources available about mental health. Start with these:

✗ The Centers for Disease Control Mental Health Site:
  http://www.cdc.gov/mentalhealth/

✗ The National Institute of Mental Health:

✗ The DC Department of Mental Health:
  http://dmh.dc.gov/

Reputable Websites
Explore these sites for more information on mental health issues, advocacy, and treatment. If you want to find and use other websites, make sure they are legitimate. For help judging websites, visit http://www.lib.umd.edu/ues/guides/evaluating-web.

✗ Canadian Mental Health Association:
  http://www.cmha.ca/mental-health/

✗ Mental Health America:
  http://www.mentalhealthamerica.net/

✗ Screening for Mental Health:
  http://www.mentalhealthscreening.org/

✗ National Alliance on Mental Illness:
  http://www.nami.org/